

Summary of School Wellness Triennial Assessment

This worksheet can be used to create narrative descriptions to post alongside sections from the WellSat 3.0 and WellSat I-tool. The purpose of these narratives is to describe the district's progress toward meeting their wellness goals. Not all districts will have information to share in all four sections.



SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

If applicable, write a narrative below to describe your district's areas of success in meeting its wellness goals.

Our district's Wellness Policy reflects a strong and ongoing commitment to promoting health and well-being across our school community. It prioritizes balanced nutrition and regular physical activity as essential components of student success. Together with our supporting documents, the policy serves as a comprehensive framework that integrates wellness into the daily practices of our schools. Detailed information on wellness is available in our Annual Wellness Report, which can be accessed on the [Fullerton School District website](#).



SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

We have strong progress in areas such as nutrition, physical activity and other areas of wellness. However, we recognize that there is always room for improvement. Our ongoing efforts, as detailed in our annual wellness report, include refining staff training to enhance wellness practices and expanding access to healthy food options and physical activity opportunities. We will continue to seek community input to make thoughtful adjustments and ensure that our monitoring systems remain robust, helping us maintain and build upon our successes moving forward. The wellness of our students and staff remains a high priority in our community.



SECTION 3: UPDATE POLICIES

If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

We are proud to report that our district is currently meeting all eight federal requirements for a Local School Wellness Policy. Looking ahead to School Year 2025–2026, again we will review the policy and all supporting documents to identify any areas for improvement or updates. Our commitment to wellness remains strong, and we will continue to closely monitor federal guideline changes to ensure full compliance and ongoing support for student health and well-being.



SECTION 4: OPPORTUNITIES FOR GROWTH

If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

The Fullerton School District is proud to be fully compliant with all eight Federal Requirements for Local School Wellness Policies. Looking ahead, we are committed to strategic planning and thoughtful implementation to further strengthen our wellness initiatives. Details of our ongoing action plan and areas of focus are outlined in the Annual Wellness Report, available on the [Fullerton School District website](#). Our dedication to continuous improvement ensures that we will not only maintain our current standards but also build upon our successes to support the health and well-being of every student.